

HIGH SCHOOL DUAL MEET WEIGH-IN SHEET

This document shall be completed at the weigh-ins and located at the head table prior to the beginning of the match.

HOST SCHOOL _____ VISITING SCHOOL _____

LEVEL OF COMPETITION _____ DATE _____

HOST SCHOOL	ACTUAL WEIGHT	WEIGHT CLASS	VISITING SCHOOL	ACTUAL WEIGHT
		103		
		112		
		119		
		125		
		130		
		135		
		140		
		145		
		152		
		160		
		171		
		189		
		215		
		285		

HOST SCHOOL COACH'S SIGNATURE: _____

VISITING SCHOOL COACH'S SIGNATURE: _____

SIGNATURE OF PERSON CONDUCTING WEIGH-IN: _____